

## Sample Study Day

| Time | Morning Routine                       | Agenda |
|------|---------------------------------------|--------|
|      | <b>Dedicated Study Time (2 hours)</b> |        |
|      | <i>15-minute Break</i>                |        |
|      | <b>Dedicated Study Time (2 hours)</b> |        |
|      | <i>Lunch Break</i>                    |        |
|      | <b>Dedicated Study Time (2 hours)</b> |        |
|      | <i>15-minute Break</i>                |        |
|      | <b>Dedicated Study Time (2 hours)</b> |        |
|      | <b>Evening Routine</b>                |        |